



Novelty	Allergen	Gluten Free	Trans Fat Free
Cookie N Cream Avalanche	Milk, Wheat & Soy *	No	Yes
Candy Bar Avalanche	Milk, Soy & Peanut *	Yes	Yes
Strawberry Shortcake Avalanche	Milk & Wheat *	No	Yes
Richwich Chocolate Chip	Milk, Wheat & Soy	No	No – 1.5 g
Richwich Cookies N Cream	Milk, Wheat & Soy	No	Yes
3 oz Chocolate Cup	Milk	Yes	Yes
3 oz Vanilla Cup	Milk	Yes	Yes
3 oz Strawberry Cup	Milk	Yes	Yes
Screwball Cherry	None	Yes	Yes
Screwball Blue Raspberry	None	Yes	Yes
Screwball Sour Watermelon	None	Yes	Yes
Nutty Sundae Cone	Milk, Wheat, Soy & Peanut *	No	Yes
Super Sundae Cone	Milk, Wheat, Soy & Peanut *	No	Yes
Crumbled Cookie Cone	Milk, Wheat & Soy *	No	Yes
Polar Pole – Orange	Milk	Yes	Yes
Polar Pole Rainbow	Milk	Yes	Yes
Regular Vanilla Sandwich	Milk, Wheat & Soy	No	Yes
Giant Vanilla Sandwich	Milk, Wheat & Soy	No	Yes
Giant Neapolitan Sandwich	Milk, Wheat & Soy	No	Yes
Low Fat Vanilla Sandwich	Milk, Wheat & Soy	No	Yes
Patriot Rocket	None	Yes	Yes
Big Banana	Milk	Yes	Yes
Creamy Coconut	Milk	Yes	Yes
Strawberry Shortcake	Milk, Wheat & Soy	No	Yes
Low Fat Chocolate Shortcake	Milk, Wheat & Soy	No	Yes
Low Fat Strawberry Shortcake	Milk, Wheat & Soy	No	Yes
Rich Chocolate Covered Bar	Milk & Soy	Yes	Yes
Cookie N Cream Bar	Milk, Wheat & Soy	No	No - 0.5 g
Orange Cream Bar	Milk	Yes	Yes
Creamy Krunch Bar	Milk & Soy	No (due to malt extract in rice crisp)	Yes
Fudge Frenzy	Milk	Yes	Yes
Cotton Candy Twirl Bar	None	Yes	Yes
Savagely Sour Blue Raspberry	None	Yes	Yes
Savagely Sour Cherry	None	Yes	Yes
Wacky Watermelon	None	Yes	Yes
Lemon Lime Bar	None	Yes	Yes
Bubble Gum Bar	None	Yes	Yes

Updated 1/05/2011

\*These items are produced on the same machinery that produce products containing peanuts. However; the items are run on a different day after a full cleaning and sanitation program is completed to prevent cross contamination of peanuts and other allergens.