




**NUT FREE
FACILITY**



Coming in 2017

**NO ARTIFICIAL
COLORS**



Product	Size Weight	<200 Cal.	Cal. from fat	Total Fat	<30% % of fat cal	Sat. Fat	<10% 2g or less % of Cal from Sat Fat	0g Trans Fat	<200 mg Sodium	Carb	Sugar	<35% % of sugar by weight	Vit. A	Vit. C	Cal.	Iron
Low Fat Sandwich 	3 fl oz 51g	130	20	2 g	14%	1g	7% 51% whole grain	0g	120mg	25g	12g	24%	15%	0	4%	0
Strawberry Shortcake 	3 fl oz 70g	130	30	3.5g	24%	1g	7% 51% whole grain	0g	45mg	23g	15g	22%	10%	0	4%	0
Chocolate Shortcake 	3 fl oz 63g	140	40	3.5g	23%	1g	6% 51% whole grain	0g	60mg	22g	15g	21%	10%	0	4%	4%
Crumbled Cookie Cone 	3 fl oz 70g	170	30	3.5g	19%	1.5g	8% 51% whole grain	0g	105mg	31g	15g	21%	10%	0	6%	4%
Chocolate & Vanilla Cone 	3 fl oz 70g	150	30	3g	18%	1.5g	9% 51% whole grain	0g	105mg	27g	14g	20%	10%	0	8%	4%
Birthday Cake Cone 	3 fl oz 70g	160	20	2.5g	14%	1.5g	8% 51% whole grain	0g	115mg	33g	17g	24%	0%	0%	6%	4%
Orange Cream Bar 	2.5 fl oz 52g	70	10	1g	13%	.5g	6% Gluten Free	0g	31mg	14g	11g	20%	15%	0	4%	0
Fudge Frenzy 	2.5 fl oz 63g	90	0	0	0%	0g	0 Gluten Free	0g	80mg	19g	13g	21%	0	0	10%	6%
Sour Swell 	2.5 fl oz 53g	70	10	1g	13%	.5g	6% Gluten Free	0g	20mg	12g	11g	19%	10%	0	2%	0
Creamy Cotton Candy 	2.5 fl oz 54g	70	5	1g	13%	.5g	6% Gluten Free	0g	40mg	15g	8g	15%	10%	0	6%	0
Banana Fudge Rocket 	4 fl oz 88g	130	15	1.5g	10%	1g	7% Gluten Free	0g	95mg	26g	18g	20%	0	0	10%	2%
Orange Polar Pole 	2.75 fl oz 46g	70	10	1g	13%	.5g	6% Gluten Free	0g	20mg	13g	12g	21%	10%	0	2%	0
Rainbow Polar Pole 	2.75 fl oz 46g	70	10	1g	13%	.5g	6% Gluten Free	0g	20mg	13g	12g	21%	10%	0	2%	0
Sour Cyclone Blue Raspberry 	3.75 fl oz 80g	100	10	1g	2%	.5g	3% Gluten Free	0g	35mg	21g	17g	21%	25%	0	2%	0%

Nutrition facts for each item can be found at www.richicecream.com.

*Nutrition facts are subject to change without notice

Updated 12/28/2016