

Smart Snacks in School















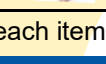
Schools asked for it and Rich's made it!

NUT FREE FACILITY!

51% Whole Grain Wafers, Cones and Crunch (combination foods).

Committed to No Artificial Colors!

No High Fructose Corn Syrup!

Product	Size Weight	≤200 Cal.	Total Fat	<30% % of fat cal	Sat. Fat	<10% 2g or less % of Cal from Sat Fat	0g Trans Fat	<200 mg Sodium	Sugar	<35% % of sugar by weight
Low Fat Sandwich 	3 fl oz 51g	130	2 g	14%	1g	7% 51% Whole Grain	0g	120mg	12g	24%
Strawberry Shortcake 	3 fl oz 70g	130	3.5g	24%	1g	7% 51% Whole Grain	0g	45mg	15g	22%
Chocolate Shortcake 	3 fl oz 63g	140	3.5g	23%	1g	6% 51% Whole Grain	0g	60mg	15g	21%
Crumbled Cookie Cone 	3 fl oz 70g	150	2.5g	15%	1.5g	9% 51% Whole Grain	0g	105mg	14g	20%
Chocolate & Vanilla Cone 	3 fl oz 70g	150	3g	18%	1.5g	9% 51% Whole Grain	0g	105mg	14g	20%
Birthday Cake Cone 	3 fl oz 70g	160	2.5g	14%	1.5g	8% 51% Whole Grain	0g	115mg	17g	24%
Orange Cream Bar 	2.5 fl oz 52g	70	1g	13%	.5g	6% Gluten Free	0g	31mg	11g	20%
Fudge Frenzy 	2.5 fl oz 63g	90	0	0%	0g	0 Gluten Free	0g	80mg	13g	21%
Sour Swell 	2.5 fl oz 53g	70	1g	13%	.5g	6% Gluten Free	0g	20mg	11g	19%
Creamy Cotton Candy 	2.5 fl oz 54g	70	1g	13%	.5g	6% Gluten Free	0g	40mg	8g	15%
Orange Polar Pole 	2.75 fl oz 46g	70	1g	13%	.5g	6% Gluten Free	0g	20mg	12g	21%
Rainbow Polar Pole 	2.75 fl oz 46g	70	1g	13%	.5g	6% Gluten Free	0g	20mg	12g	21%
Sour Cyclone Blue Raspberry 	3.75 fl oz 80g	100	1g	2%	.5g	3% Gluten Free	0g	35mg	17g	21%
3 oz. Plastic Cup LF Van. 	3 fl oz 50g	80	1g	11%	.5g	6% Gluten Free	0	45mg	12g	24%
3 oz. Plastic Cup LF Choc. 	3 fl oz 50g	80	1g	11%	.5g	6% Gluten Free	0	45mg	12g	24%
3 oz. Plastic Cup LF Strawberry 	3 fl oz 50g	80	1g	11%	.5g	6% Gluten Free	0	45mg	12g	24%
3 oz. Plastic Cup LF Choc./Van. 	3 fl oz 50g	80	1g	11%	.5g	6% Gluten Free	0	45mg	12g	24%

Nutrition facts for each item can be found at www.richicecream.com.

Updated 9/4/2018



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